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Circadian rhythms persist without transcription in a eukaryote

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Abstract

Circadian rhythms are ubiquitous in eukaryotes, and co-ordinate numerous aspects of behaviour, physiology and metabolism, from sleep/wake cycles in mammals to growth and photosynthesis in plants^{1,2}. This daily timekeeping is thought to be driven by transcriptional/translational feedback loops, whereby rhythmic expression of clock gene products regulates expression of associated genes in approximately 24-hour cycles. The specific transcriptional components differ between phylogenetic kingdoms³. The unicellular pico-eukaryotic alga, *Ostreococcus tauri*, possesses a naturally minimised clock, which includes many features that are shared with higher eukaryotes (plants), such as a central negative feedback loop that involves the morning-expressed *CCA1* and evening-expressed *TOC1* genes⁴. Given that recent observations in animals and plants have revealed prominent post-translational contributions to timekeeping⁵, a reappraisal of the transcriptional contribution to oscillator function is overdue. Here we show that non-transcriptional mechanisms are sufficient to sustain circadian timekeeping in the eukaryotic lineage, though they normally function in conjunction with transcriptional components. We identify oxidation of peroxiredoxin proteins as a transcription-independent rhythmic biomarker, which is also rhythmic in mammals⁶. Moreover we show that pharmacological modulators of the mammalian clockwork have the same effects on rhythms in *Ostreococcus*. Post-translational mechanisms, and at least one rhythmic marker, appear to be better conserved than transcriptional clock regulators. It is plausible that the oldest oscillator components are non-transcriptional in nature, as in cyanobacteria⁷, and are conserved across kingdoms.

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Over the last two decades, great progress has been made towards delineating the molecular basis of eukaryotic circadian rhythms using model organisms such as *Arabidopsis thaliana* (plant), *Mus musculus* (mammal), and *Drosophila melanogaster* (insect)^{5,8}. In each case mechanistic models of the cellular clock have relied heavily on networks of transcriptional/translational feedback loops (TTFLs) and can successfully account for a wide range of experimental data⁹. Whilst the identified “clock genes” differ widely across taxa, a growing number of ubiquitous post-translational mechanisms, such as casein kinase II activity^{5,10,11}, have been shown to contribute to timing. Similarly signal transduction pathways, e.g. Ca²⁺/cAMP, previously viewed as clock inputs have been shown also to be clock outputs, thus becoming indistinguishable from the “core” mechanisms^{5,12}. As a result it is presently unclear whether transcription, *per se*, is necessary to sustain the eukaryotic cellular clock^{13,14}, especially in light of observations that prokaryotic timekeeping can be reconstituted *in vitro* using the gene expression products of the cyanobacterial *KaiBC/KaiA* operons⁷. Hypothesising that non-transcriptional mechanisms would be competent to sustain cellular rhythms without a transcriptional contribution, we set out to test this using the pico-eukaryote *Ostreococcus tauri*. This single-celled eukaryote has several advantages. It is readily cultured, possesses a small genome (~12 Mbp), and yet its light-entrainable clock shares the transcriptional architecture of the clock in higher plants, namely a negative feedback loop between the morning-expressed *CCA1* and evening-expressed *TOC1* genes⁴.

Recently, bioluminescent luciferase (LUC) reporter lines for transcription and translation of *O. tauri* clock genes were developed to enable non-invasive interrogation of clock mechanisms⁴. Following entrainment in 12 hour light-12 hour dark cycles, circadian rhythms of bioluminescence from a translational (CCA1-LUC) and transcriptional (pCCA1::LUC) reporter were observed to persist for >4 days in constant light (Fig. 1a), indicating the presence of an underlying circadian clock, able to keep time without reference to any external time cues. Whilst many cellular processes in photosynthetic organisms are light-dependent^{4,15,16}, the cyanobacterial clock was recently shown to persist in darkness⁷. We therefore determined whether circadian rhythms might similarly persist in *O. tauri* without light. When placed in constant darkness, bioluminescent traces rapidly dampened to background levels (Fig. 1a). After 96 hours in constant darkness, no incorporation of [α -³²P]UTP was observed (Fig. 1b), meaning that no nascent RNA was being transcribed. Upon transfer of these transcriptionally incompetent cultures into constant light, circadian rhythms in bioluminescence began at a phase that was not dictated solely by the time of transfer into light (Fig. 1c, Supplementary Fig. 1a,b). If no cellular oscillation had persisted in the dark, we would expect the clock to restart with its phase determined solely by when it was transferred into the light (i.e. complete phase resetting). In contrast, the cultures' new phase suggested that the response to light was modulated by a pre-existing oscillation, instead of being completely reset by light (Fig. 1c)¹⁷. These observations suggest that *O. tauri* is competent to keep time in the absence of transcription.

In order to confirm this, we used a novel post-translational biomarker for rhythmicity: peroxiredoxin oxidation. The peroxiredoxins (PRXs) are a ubiquitous family of antioxidant enzymes that scavenge reactive oxygen species, such as hydrogen peroxide, catalysing their own oxidation at a conserved redox-active cysteine (Cys) group to sulphenic acid followed by hyperoxidation to sulphonic acid¹⁸. In plants, a subtype of peroxiredoxins (the 2-Cys group) is targeted to chloroplasts where they protect the photosynthetic membrane against photo-oxidative damage¹⁹. Oxidation of PRX drives the formation of higher molecular weight multimers with reported chaperone and signalling functions¹⁸. Circadian cycles of post-translational modification of PRX have previously been reported in mouse liver⁶ and recently shown to persist in human red blood cells *in vitro*²⁰. *O. tauri* expresses at least one 2-Cys PRX¹⁵ (Genbank Accession: CAL55168.1) sharing 61% sequence identity with human PRX2 and 100% sequence identity around the catalytic cysteine residue

(Supplementary Fig. 2a,b). Immunoblots using an antibody targeting this highly conserved region²⁰ revealed diurnal regulation of PRX oxidation (sulphonylation) that was highest during subjective day, in advance of RUBISCO large chain expression (RbcL; a highly expressed plant/algal protein) (Fig. 2a). Moreover, in constant darkness, circadian rhythms persisted without transcription (Fig. 2b). PRX oxidation rhythms even persisted in constant darkness in the presence of inhibitors of cellular RNA synthesis (cordycepin) and cytosolic translation (cycloheximide), at concentrations that abolish clock reporter bioluminescence (Fig. 2c and Supplementary Fig. 3c,d), providing strong evidence that new RNA and/or protein synthesis is indeed not required for sustained rhythmicity. RbcL was used as a loading control, because although this protein was rhythmically expressed in a diurnal cycle, its levels were high and stable under constant conditions. In addition, rhythms in PRX oxidation are altered in a long period mutant (TOC1-LUC)⁴, relative to controls (CCA1-LUC), under constant light; this suggests that post-translational oscillations are coupled with transcriptional/translational cycles under more physiological conditions (Supplementary Fig. 2c,d). Thus, PRX oxidation constitutes the first example, as far as we are aware, of a post-translational circadian biomarker shared between the animal (mouse/human) and green lineages.

Although experimentally useful for dissecting the algal clockwork, constant darkness potentially represents an exotic environmental challenge to *O. tauri*, and hence we sought to also examine non-transcriptional rhythms in constant light using real-time bioluminescence reporter assays. CCA1-LUC and pCCA1::LUC reporter lines were incubated with a range of concentrations of cordycepin and cycloheximide (CHX) during bioluminescent recordings, in order to assay the effects of inhibiting cellular RNA synthesis and cytosolic translation, respectively. At lower concentrations we observed dose dependent dampening with both drugs, and a robust increase in circadian period with increasing cordycepin concentration (Supplementary Fig. 3a,b), in agreement with observations in the marine mollusc *Bulla*²¹. At saturating doses, both drugs resulted in immediate dampening and arrhythmia in the transcriptional reporter lines (Supplementary Fig. 3c). Intriguingly, the translational reporter exhibited an additional cycle of CCA1-LUC synthesis in the presence of saturating transcriptional inhibitor (Supplementary Fig. 3d), which was not observed in the transcriptional reporter line. We interpret this to mean that when CCA1-LUC mRNA is present, post-transcriptional mechanisms are sufficient to drive an additional cycle of correctly timed protein accumulation.

Clearly in the context of a living cell, transcription is ultimately required for any biological process, including circadian rhythms, since the mRNAs have limited half-lives and can only be replaced through transcription. In a biological clock context, it seems natural that some mRNAs are cyclically expressed in anticipation of cellular need. Microarray studies in several organisms have shown >10% of the transcriptome is regulated on a daily basis^{6,15,22}. This implies that circadian cycles in transcription factor activity are a normal feature of cell physiology. Some of this transcriptional activity will contribute to timekeeping, directly or indirectly. If the natural state of a eukaryotic cellular clock revolves around reciprocal interplay between post-translational oscillations and established transcriptional feedback loops, it becomes of great interest to identify at what phases this interconnection is regulated.

Ostreococcus cultures are amenable to drug treatment that can be reversed by wash-off, because *O. tauri* grown in liquid culture forms aggregates at the bottom of microplate wells (Fig. 3a). To ascertain at what phases of the circadian cycle gene expression exerts priority over non-transcriptional mechanisms, we performed a 'wedge' experiment²¹, in which transcription or translation was reversibly inhibited starting at 4 hour intervals across the circadian cycle, for increasing durations, in constant light. Resultant phases were determined

by the timing of CCA1-LUC expression peaks over the interval following removal of the drug (Fig. 3b). As with the earlier experiments using constant dark, our null hypothesis was that if the clock was immediately arrested by drug treatment then phase would be set by the time of drug wash-off. Phase is described relative to the zeitgeber, or time giver, during entrainment where ZT0 is dawn and ZT12 is dusk (ZT denotes zeitgeber time).

A general trend towards the anticipated wedge shape was observed (Supplementary Fig. 4a,b). However, there were significant exceptions to this pattern, summarised as follows: (1) the clock was insensitive to transcriptional inhibition for up to 24 hours in treatments starting from ZT8 (Fig. 3b, cordycepin treatment); (2) transcriptional inhibition outside ZT0-8 did not affect phase, and (3) after treatments spanning this window, the clock resumed at dusk if treatment began during the subjective night, or at dawn if treatment began during the subjective day (Fig. 3c, Supplementary Fig. 4a,c,d); (4) Translational inhibition (CHX treatment) outside ZT4-12 did not affect phase (Fig. 3c, Supplementary Fig. 4b-d).

The simplest interpretation is that transcription of mechanistically relevant clock genes is licensed by post-translational mechanisms, and occurs around the first half of the subjective day. These transcripts are translated around the second half of the subjective day and non-transcriptional mechanisms keep time during the subjective night. Presumably when inhibition of transcription occurs at midday, for example, the resumption of stalled gene expression following wash-off overrides the phase of the non-transcriptional oscillations and the clock resumes from the nearest expected light/dark transition to when inhibition began. This runs contrary to current understanding of clocks in eukaryotes, in which transcription of key clock genes is active almost continuously around the circadian cycle²³. Even in *O. tauri*, transcription of *TOC1* and *CCA1* would span the full cycle except for the interval ~ZT2-8, after the peak of CCA1 mRNA and before the rise in TOC1⁴.

The final question of importance is: what non-transcriptional mechanisms are involved in sustaining the clock? We hypothesised that the components that sustain these post-translational rhythms are likely to be ubiquitous and highly conserved. Certainly the *O. tauri* genome encodes close homologues of enzymes such as casein kinase II that tend to exhibit greater sequence conservation across kingdoms than canonical transcriptional clock genes (Supplementary Table 1). In the last two years a number of high-throughput chemical biology screens on mammalian cellular rhythms in culture have been published, identifying a number of potent modulators of free-running period^{12,24,27}. Since many such inhibitors target an enzyme's active site, it seemed plausible that drug action might be similarly conserved. The effects of specific pharmacological inhibitors that have been demonstrated to significantly affect free-running period in mammalian cells, and/or other model organisms (Supplementary Table 2), were therefore tested in *O. tauri*. In all cases, dose-dependent effects were observed on circadian period that correlated with their action in other species such as mouse or *Neurospora* (Fig. 4a,b and Supplementary Fig. 5a). Critically, where tested, such pharmacological perturbations also delayed the timing of transcriptionally incompetent cells, firstly with respect to the additional cycle of CCA1-LUC expression observed during transcriptional inhibition in constant light (Supplementary Fig. 6a). Secondly, the period of rhythmic PRX oxidation in constant darkness was also lengthened by the treatments tested (Supplementary Fig. 6b). Although drugs can have pleiotropic effects on cell biology, the drug effects on the clock are conserved across taxa. The parsimonious interpretation is that, both with and without transcription, conserved post-translational mechanisms are necessary to keep biological time.

Whilst the importance of transcription to circadian rhythms is self-evident, our observation that eukaryotic rhythms persist in the absence of transcription challenges the general

paradigm for eukaryotic clocks, suggesting a functional equivalent to cyanobacterial timekeeping²⁸, though undoubtedly more complex. This is supported by increasing numbers of observations in diverse organisms^{5, 13, 20, 29}. Most prominently, the observation of a rhythmic post-translational marker that persists in the absence of transcription in species as diverse as a unicellular green alga and humans²⁰ raises exciting prospects for our understanding of how circadian clocks evolved. We note that both PRX and cyanobacterial KaiB are clock-relevant members of the thioredoxin-like superfamily²⁸, that associate into higher molecular weight complexes with catalytic function. We speculate this may reflect conserved remnants of a proto-clock in the last common ancestor of eukaryotes and prokaryotes.

Methods Summary

All materials were purchased from Sigma-Aldrich (UK) unless otherwise stated. Transgenic *Ostreococcus tauri* lines⁴ were cultured in Keller media-supplemented artificial sea water (Km) under 12:12 h blue (Ocean Blue, Lee lighting filter 724) light:dark cycles (17.5 $\mu\text{E}/\text{m}^2$). For imaging, cultures were transferred to 96-well microplates (Lumitrac, Greiner Bio-one) at a density of $\sim 15 \times 10^6$ cells/ml and entrained for 7-10 days. No density effects on clock output were observed under relevant density ranges, and cell division in microplates was found to be close to zero. One day prior to recording, 150 μl Km was replaced with 150 μl Km containing 333 μM luciferin (Km+). Drugs were made up in DMSO or Km+, diluted in Km+ and added to replicates of 8 or 16 wells immediately prior to recording. For incubations in constant darkness, Km+ was supplemented with 200 mM sorbitol and 0.4% glycerol in order to increase cell viability. Bioluminescent recordings were performed on a TopCount (Packard) under constant darkness or constant red+blue LED light (5-12 $\mu\text{E}/\text{m}^2$). For wash-off of reversible inhibitors, cell aggregates formed in the bottom of the wells were quickly and gently washed twice with Km+, using multi-channel pipettes, and returned to recording conditions. Analysis of period was performed with FFT-NLLS (BRASS 3³⁰) using time windows 3 days; mFourfit (BRASS 3) was used to assess phase and confirmed manually. Statistical analysis was performed using GraphPad Prism. For *de novo* RNA synthesis analysis by [$\alpha^{32}\text{P}$]UTP uptake, 1 ml cell aliquots were either incubated in darkness or light/dark cycles for 4 days. 0.2 MBq of [$\alpha^{32}\text{P}$]UTP was added, and after incubation cells were collected and washed twice with Km. Incorporation was measured using scintillation counting. Immunoblots were performed as described elsewhere²⁰. Sequence alignments were performed using EBI Jalview, BLAST searches were performed using NCBI BLASTp under the default BLOSSUM62 settings.

One-line summary

Circadian rhythms in a eukaryote can be sustained solely by non-transcriptional mechanisms, which are conserved across taxa.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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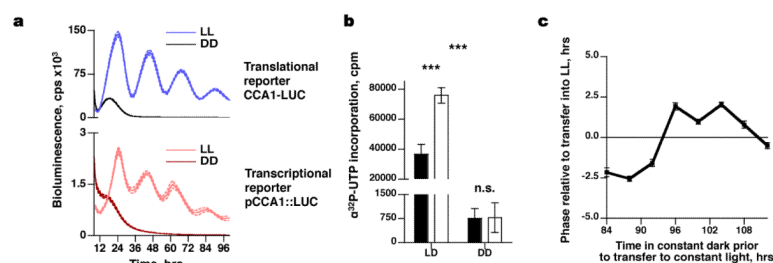


Figure 1. Transcriptionally inactive cells show a phase-dependent response to re-illumination
a, Grouped data showing bioluminescent transcriptional (pCCA1::LUC) and translational (CCA1-LUC) reporter activity in constant darkness (DD) or constant light (LL) (n=16, dotted lines \pm SEM). **b**, After 96 hours in darkness there is no significant incorporation of radiolabelled UTP; 10 minute UTP treatment (black, \pm SEM) compared with 30 minute treatment (white, \pm SEM) (2-way ANOVA interaction, $p < 0.001$ for time, condition and interaction, $n=3$; Bonferroni post-test for DD groups, $p=0.95$). **c**, Upon transfer from darkness, the phase of CCA1-LUC deviates significantly from the time of transfer into light (2-way ANOVA interaction, $p < 0.001$, $n = 16$).

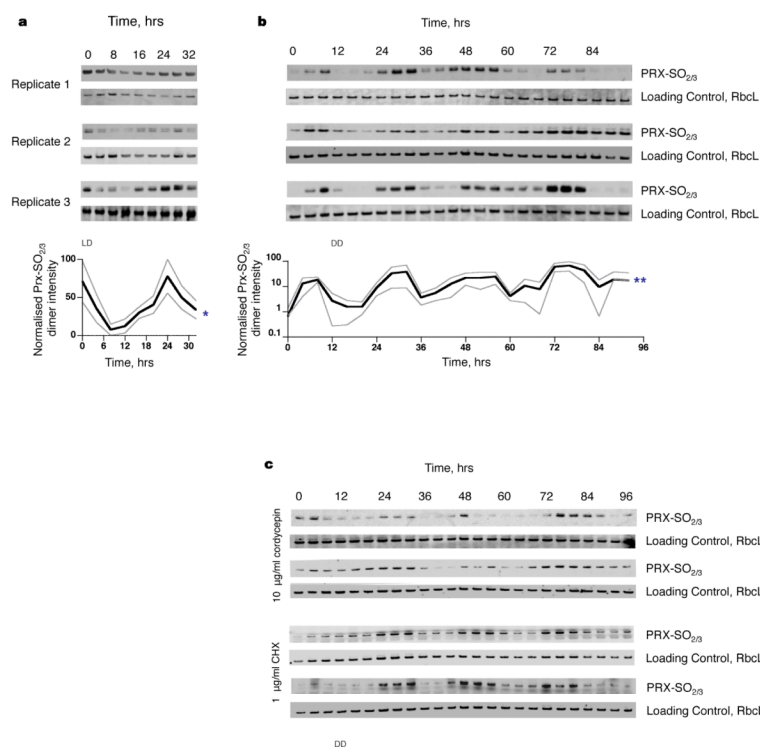


Figure 2. Circadian cycles of PRX sulphonylation are detected during light/dark cycles and in constant darkness, and persist during drug inhibition of gene expression

a, Individual blots and grouped mean intensities for three *O. tauri* time series sampled under 12:12 light:dark cycles (*Friedman test, $p=0.04$ for time effect). **b**, Individual blots and grouped mean intensities for three *O. tauri* time series sampled under constant darkness (**Friedman test, $p=0.005$ for time effect). **c**, PRX-SO_{2/3} immunoblots of *O. tauri* time series sampled under constant darkness in the presence of inhibitors of transcription (cordycepin) and translation (CHX).

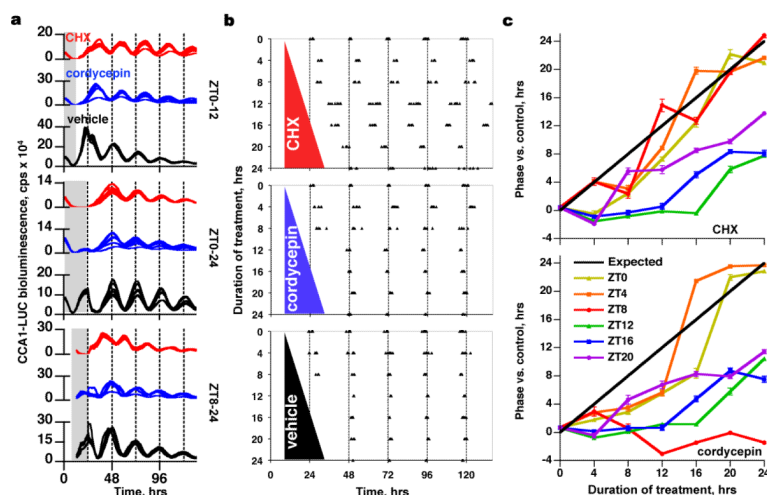


Figure 3. Circadian timing can survive the inhibition of cellular transcription, or cytosolic translation

a, Treatment (from top, at ZT0-12, ZT0-24, ZT8-24: shaded) with inhibitors of transcription (10 μ g/ml cordycepin, blue lines) or translation (1 μ g/ml CHX, red lines) may shift the phase of reporter expression, compared with vehicle (0.04% DMSO, black lines), depending on the treatment phase and duration. **b**, peak times of CCA1-LUC expression from individual wells ($n > 5$) are plotted, after treatments of different durations, starting at ZT8. **c**, Summary of phase shifts (\pm SEM, $n > 5$) relative to vehicle-treated controls, for all treatment durations (x-axis) and starting times (see legend in lower panel). Black line represents the expected result, assuming total resetting by wash-off.

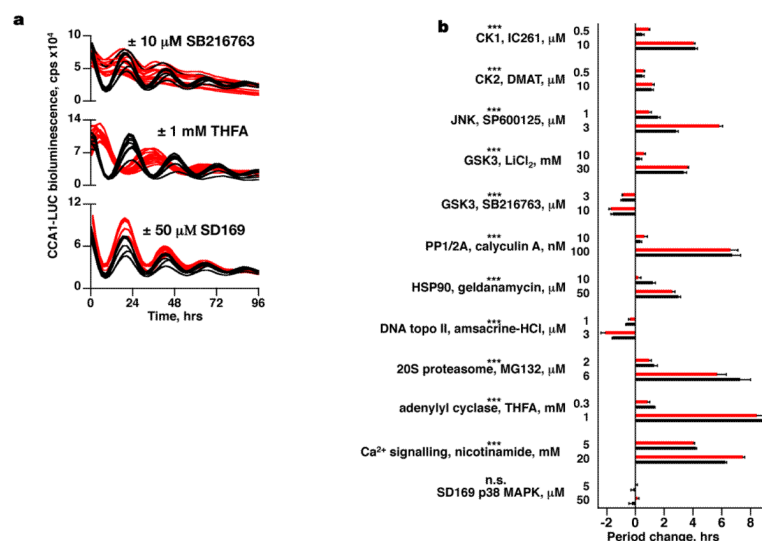


Figure 4. Circadian period in *O. tauri* can be modulated pharmacologically in a dose-dependent manner by the application of inhibitors that have been previously validated in other taxa

a, Examples of drug effects (red) on CCA1-LUC bioluminescence compared with vehicle controls (black): SB216763 shortens period, THFA increases period, SD-169 has no effect. **b**, Summary showing grouped dose-responses on circadian period of transcriptional (red) and translational (black) reporter lines for selected drugs with previously demonstrated action in other taxa (\pm SEM, n = 8, *** indicates $p < 0.0001$, 2-way ANOVA for concentration; n.s. for SD169 negative control, n=8, $p=0.90$).